

Jesus Can Conquer Your Storms

DISCOVERING GOD'S WORD BIBLE STUDY SERIES

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There is an amazing story about Jesus in Matthew 8:23-27. It says, "As he got into the boat, his disciples followed him. Suddenly, a violent storm arose on the sea, so that the boat was being swamped by the waves — but Jesus kept sleeping. So the disciples came and woke him up, saying, 'Lord, save us! We're going to die!' He said to them, 'Why are you afraid, you of little faith?' Then he got up and rebuked the winds and the sea, and there was a great calm. The men were amazed and asked, 'What kind of man is this? Even the winds and the sea obey him!'" Now, consider how this story can help you when you are going through storms.

- 1) You will go through some storms. Life isn't always easy. In fact, sometimes it shakes you to the core. There are deaths, illnesses, disabilities, layoffs, firings, disasters of all kinds, divorces, consequences, etc. And, when these storms hit, they can make it very difficult for you to keep your focus on serving Christ and can throw you into full panic, desperation, and depression. But, just as sure as these people hit a storm in their lives, you should expect to encounter a storm in your own (and probably more than one).
- 2) Go to Jesus. Whenever Jesus' disciples found themselves in the middle of a violent storm, they went to Jesus and so should you. Sometimes when storms hit, it can be tempting to think you can handle it yourself or run to some other source of help. But, you must make sure that you go to Jesus in stormy times (as well as in good times!). Go to Him by studying His word and obeying His commands, learning how you should respond to your storms. Go to God in prayer with boldness through Jesus Christ, knowing that there is great power in prayer and experience the peace that surpasses all understanding through Him.
- 3) Know that no storm is stronger than Jesus. The disciples had seen Jesus' power in the past. Yet, when the storm hit, they were afraid and thought they were going to die. But, if they were going to die in the storm, wouldn't it have also had to get Jesus? Then, Jesus showed His disciples that He is more powerful than the fiercest of storms! And, so you must recognize that there is no storm that you face in life stronger than Jesus. He has the power to calm the storms. But, even if the physical storms are not calmed around you (as He does not promise anyone an

easy life on this earth), He can and will save you if you are faithful to Him by giving you everlasting life in Heaven!

- 4) Remain calm. The disciples failed on this point. They panicked. They said, "Lord, save us! We're going to die!" They acted on human reasoning and emotion, not on faith. If they had thought calmly and clearly, they should have recognized that no storm could swallow a ship with the Son of God in it! Yet, people do the same thing whenever they find themselves in a storm. They panic and begin acting on emotion rather than faith. So, you must choose to live by faith while you go through your storms and refuse to allow Satan to sweep you up in emotion.
- 5) Only fear whenever Jesus is not in your boat. Just imagine if the disciples had gotten caught in that storm without Jesus. Perhaps they would have died. Yet, people try to face the storms of life without Jesus every day. They live without Jesus in their boat. When this happens, there is no hope. There is no "everything's going to be okay." There is no peace.

In Matthew 8, Jesus shows us that He can conquer the fiercest storms. But, the Scriptures teach that this is not only true physically – but also spiritually! No matter what storm you are going through, know that Jesus can conquer it. You must simply have faithful obedience to Him no matter how fierce your storms appear.

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